

The LENT Eucharist

¶ The Gathering

Choir Introit, Opening Hymn or Entrance antiphon

After the hymn, the President says

+ In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

The President greets the people

The Lord be with you
and also with you.

(or)

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

The President introduces the Eucharist and we then all say together

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

*The President or other suitable minister uses a seasonal
invitation to confession or these or other suitable words*

Invitation to Confession

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

or

Compassion and forgiveness belong to the Lord our God, though we have rebelled against him. Let us then renounce our wilfulness and ask his mercy by confessing our sins in penitence and faith.

or

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

We confess to you our selfishness and lack of love:
fill us with your Spirit.
Lord, have mercy. **Lord, have mercy.**

We confess to you our fear and failure in sharing our faith: fill us with your Spirit.
Christ, have mercy. **Christ, have mercy.**

We confess to you our stubbornness and lack of trust:
fill us with your Spirit.
Lord, have mercy. **Lord, have mercy.**

or

Wash me thoroughly from my wickedness
and cleanse me from my sin:
Lord, have mercy. **Lord, have mercy.**

Make me a clean heart, O God,
and renew a right spirit within me:
Christ, have mercy. **Christ, have mercy.**

Cast me not away from your presence
and take not your holy spirit from me:
Lord, have mercy. **Lord, have mercy.**

or

**Almighty God,
Father of our Lord Jesus Christ,
maker of all things, judge of all men:
we acknowledge and bewail
our manifold sins and wickedness,
which we, from time to time,
most grievously have committed,
by thought, word and deed,
against thy divine majesty,
provoking most justly thy wrath and indignation against us.
We do earnestly repent,
and are heartily sorry for these our misdoings;
the remembrance of them is grievous unto us;
the burden of them is intolerable.
Have mercy upon us,
have mercy upon us, most merciful Father;
for thy Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may ever hereafter
serve and please thee in newness of life,
to the honour and glory of thy name;
through Jesus Christ our Lord
Amen.**

The President says

**Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.**

The Kyrie eleison is sung only if the long form of confession is used

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy

The Collect

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.

The Collect is said, and all respond
Amen.

¶ The Liturgy of the Word

Readings

Either one or two readings from Scripture precede the Gospel reading.

At the end of each the reader says

This is the word of the Lord.
Thanks be to God.

The psalm or canticle follows the first reading.

Gospel Hymn

Gospel Reading

The Gospel greeting:

Praise to you, O Christ, King of eternal glory.
The Lord is a great God,
O that today you would listen to his voice.
Harden not your hearts.
Praise to you, O Christ, King of eternal glory.

or

Praise to you, O Christ, King of eternal glory.
Blessed are those who have endured temptation;
they have stood the test and will receive the crown of life.
Praise to you, O Christ, King of eternal glory.

or

Praise to you, O Christ, King of eternal glory.
I am the light of the world, says the Lord,
whoever follows me will have the light of life.
Praise to you, O Christ, King of eternal glory.

or

Praise to you, O Christ, King of eternal glory.
Your word is a lamp to my feet and a light to my path.
Praise to you, O Christ, King of eternal glory.

or

Hear the Gospel of our Lord Jesus Christ according to *N.*
Glory to you, O Lord.

At the end

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon or Homily

The Creed

On Sundays and Principal Holy Days an authorized translation of the Nicene Creed is used, or on occasion the Apostles' Creed or an authorized Affirmation of Faith may be used.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

One of the forms here or other suitable words may be used.

The prayers usually include these concerns and may follow this sequence:

- ¶ The Church of Christ*
- ¶ Creation, human society,
the Sovereign and those in authority*
- ¶ The local community*
- ¶ Those who suffer*
- ¶ The communion of saints*

These responses may be used

Lord, in your mercy
hear our prayer.

or

Lord, hear us.
Lord, graciously hear us.

And at the end

**Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

¶ The Liturgy of the Sacrament

The Peace

The president may introduce the Peace with a suitable sentence,

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

and then says

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a wave of peace.

Preparation of the Table

Offertory Hymn

A Collection is taken.

The gifts of the people of bread and wine are brought forward and placed upon the altar.

A prayer is said over the gifts...

Blessed are you...

Blessed be God forever.

The president takes the bread and wine.

God of wisdom, may the light of your eternal Word, our Lord and Saviour Jesus Christ, lead us in holiness and guide us to glory; we ask this in his name.

Amen.

or

God of mercy and compassion, your Word calls us home to faith and love. accept all we offer you this day; in the name of Jesus Christ the Lord.

Amen.

or

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angel
for ever praising you and singing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Eucharistic Prayer B

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

*The president recalls the Last Supper,
and one of these four acclamations may be used*

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

or

Praise to you, Lord Jesus:

Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

or

Christ is the bread of life:

When we eat this bread and drink this cup,

we proclaim your death, Lord Jesus,

until you come in glory.

or

Jesus Christ is Lord:

Lord, by your cross and resurrection

you have set us free.

You are the Saviour of the world.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice
of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, the Mother of the Lord,
St Andrew, St Luke and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen. *The Lord's Prayer*

Eucharistic Prayer C

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once offered
a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole
world;

he instituted,
and in his holy gospel commanded us to continue,
a perpetual memory of his precious death until he comes again.
Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation,
this bread and this wine,
according to your Son
our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his most blessed body and blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

*The president recalls the Last Supper,
and one of these four acclamations may be used*

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

or

Praise to you, Lord Jesus:

Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

or

Christ is the bread of life:

When we eat this bread and drink this cup,

we proclaim your death, Lord Jesus,

until you come in glory.

or

Jesus Christ is Lord:
**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice
of praise and thanksgiving.
Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.
Although we are unworthy, through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.
Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;
through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit
all honour and glory be yours, almighty Father
for ever and ever.
Amen

The Lord's Prayer

The President introduces the Lord's Prayer.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

or

Every time we eat this bread
and drink this cup,
**we proclaim the Lord's death
until he comes.**

The Agnus Dei is used as the bread is broken

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

The President holds up the Body and Blood of Christ.

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Please use these words to accept the Lord himself as a Spiritual Communion

**Lord Jesus, you come to us in the holy Eucharist,
and I long for you.
Since I cannot now welcome you within myself
by physically receiving the sacrament,
I ask you to come spiritually into my heart.
O almighty redeemer, friend and brother,
leave no part of me untouched
by the wonder of your presence. Amen.**

Prayer after Communion

The Celebrant says the post communion prayer, then we all say:

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.**

**Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

or

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Parish Notices are now given

¶ The Dismissal

The President pronounces God's blessing on us all.

The Lord be with you. **And also with you**

May God the Father, who does not despise the broken spirit, give to you a contrite heart.
Amen.

May Christ, who bore our sins in his body on the tree, heal you by his wounds.
Amen.

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace.
Amen.

And the blessing ...

Christ give you grace to grow in holiness, to deny yourselves,
take up your cross, and follow him;
and the blessing ...

or

God, who from the death of sin raised you to new life in Christ,
keep you from falling and set you in the presence of his glory;
and the blessing ...

or

and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen

Go in the peace of Christ.

Thanks be to God

Final Hymn

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When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

Forbid it, Lord, that I should boast,
Save in the death of Christ my God!
All the vain things that charm me most,
I sacrifice them to His blood.

See from His head, His hands, His feet,
Sorrow and love flow mingled down!
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?

His dying crimson, like a robe,
Spreads o'er His body on the tree;
Then I am dead to all the globe,
And all the globe is dead to me.

Were the whole realm of nature mine,
That were a present far too small;
Love so amazing, so divine,
Demands my soul, my life, my all.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from thee.
From the malignant enemy defend me.
In the hour of my death call me.
And bid me come unto Thee,
That with all Thy saints,
I may praise thee
Forever and ever. Amen.

Almighty and ever-living God,
we thank you that you graciously feed us,
who have duly received these holy mysteries,
with the spiritual food of the body and blood
of our Saviour Jesus Christ.
By this you assure us of your favour and goodness towards us:
we are incorporated into the mystical body of your Son,
the blessed company of all faithful people;
we are heirs, through hope, of your everlasting kingdom,
by the merits of Christ's precious death and passion.
Assist us with your grace, heavenly Father,
that we may continue in that holy fellowship,
and walk in goodness the way you have prepared for us;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be all honour and glory, now and for ever.
Amen.